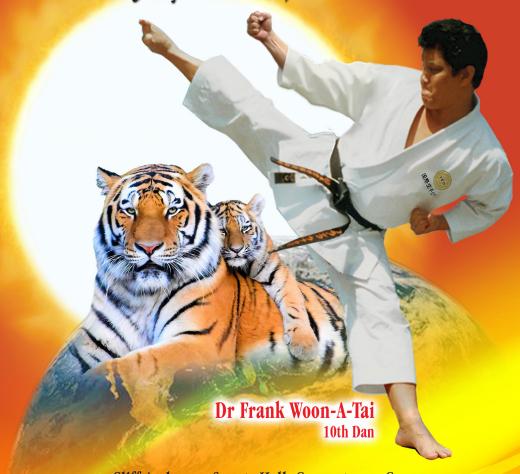
International Karate Daigaku Th WORLD CUP

Grand Benefit Gala

to honour & celebrate Shuseki Shihan's 60th Karate Anniversary

July 16 - 21, 2024



Cliff Anderson Sports Hall, Georgetown, Guyana HQ Hotel, Sleepin Casino Hotel, Church Street

Visit the 16,000 sq ft - Dr Frank Woon-A-Tai Budokan, Home of the Guyana Karate College and the IKD Technical HQ.

Supported by the Government of Guyana and the Ministry of Culture, Youth and Sport

Dr Frank Woon-A-Tai 10th dan



Guyana 1964 World 2024
60th Diamond Anniversary

Table of Contents

Preliminary Information:	
Fourth IKD World Cup "Preliminary" Information	2
Hotels	
Sleepin International Hotel and Casino	5
Aiden by Best Western	6
Tower Hotel	7
Status International Hotel	8
Brandsville Suites	9
Regency Hotel	10
Roraima Residence Inn	11
Atlas Horizon Hotel	12
Xenon Hotel	13
Luxury Hotels	
Ramada Princess Hotel	15
Pegasus Hotel	16
Marriot Hotel	17
Event Categories	
Events	19
Event Schedule	
Schedule Of Events	21
Registration And Payment	23
Registration Forms	
Flight Arrivals:	25
Flight Departures:	
Form "A" Unlimited Applicable Individual Registration	
Form "B" Team Registration	
Waiver/Release Agreement for Contestants/Participants	
Judges Registration	
IKD Karate Protocol and Conduct	

Table of Contents II

KD	Worl	d Cu	p Rules
----	------	------	---------

	Shiai Rules and Regulations for the 2024 World Cup	34
	Kime Criteria for Competitors and Judges	36
	Performance and Judging Standards	37
	Standards for Rank Categories	38
	Kata Rules for Intermediate Belts – 6 to 4 Kyu	39
	Kumite Rules for Intermediate Belts – 6 to 4 Kyu	39
	Kata Rules for Advanced Belts – 3 to 1 Kyu	39
	Kumite Rules for Advanced Belts – 3 to 1 Kyu	39
	Penalties and Deductions in kata, bunkai, and enbu	40
	Kumite Scoring Distance	41
	Match Time	41
	Criteria for Ippon	42
	Criteria in the absence of an ippon	42
	Kumite Competitor Penalties and Disqualifications	43
	Categories of Contact and Injury	45
	In Case of Injury due to Contact	46
	Fukushin, Shushin, and Kansa	46
	Shushin	47
Photo	of Medals and Trophy	48
Remer	nbering our Masters	49



Preliminary Information

Subject to Change

Fourth IKD World Cup "Preliminary" Information

Event Title: 2024 International Karate Daigaku (IKD) Fourth World Cup Guyana and Grand

Gala to honour and celebrate IKD Founder and Shuseki Shihan's 60th Karate

Diamond Anniversary.

Bonus Limited Event: Open WKF Style Modified Kumite Goodwill Matches - Supervised by IKD

Deputy Chief Master Dr Dexter Shim, 9th Dan of Trinidad and Tobago.

Hosted by: Guyana Karate College / Shuseki Shihan Dr Frank Woon-A-Tai, 10th Dan.

2225 Gerrard Street East, Toronto, Ontario, Canada. M4E 2C8. WhatsApp: +1- 647-282-7570 / GY Mobile: 592-601-1302 Email: fwikd@outlook.com / https://guyanakaratecollege.com

Payment Packages:

World Cup Participant Fee: U\$\\$150.00 All Applicable IKD Events and 7-day bus fees (16 trips).

World Cup Participant Fee:

US\$150.00 All Applicable IKD Events and 7-day bus fees (16 trips).

60th Benefit Gala Ticket:

US\$ 50.00 New Thriving Restaurant Provide

Total

Total

US\$200.00

Overseas Parent Bus Fee: 60th Benefit Gala Ticket:

US\$ 90.00 – Airport and 7- day bus fees (16 trips). US\$ 50.00 - New Thriving Restaurant Providence.

US\$140.00

Guyanese Participant Fee:

GY\$12,000 (no bus transportation)

60th Benefit Gala Ticket:

GY\$10,000 New Thriving Restaurant Providence

Total

GY\$22,000

Open WKF Style Modified Kumite Goodwill Matches: US\$50.00

Venue:



Guyana Entry Visa: Please check with the Guyana Embassy or Consulate in your country about visa

requirements. Caricom countries do not need a visa.

Security: As in many countries, all teams are advised to be safety conscious when traveling

in Guyana. Refrain from using your mobile on the streets.

Local Transportation: Bus service to and from Cheddie Jagan International airport, Eugene F. Correia

International airport, and return service from Cliff Anderson Sports Hall is included in your participation fee for seven days (Guyanese participants are excluded). This service is available only from the designated hotels located within

central Georgetown.

Taxis: Taxis within Georgetown cost US\$3.00 or G\$600.00 per ride for up to four people

sharing. Depends on boundary line.

Hotels: Please make your own hotel reservation as soon as possible; rooms may be

booked by other guests due to high season.

Clean, safe, and affordable hotels in central Georgetown:



Hotels

SLEEPIN INTERNATIONAL HOTEL AND CASINO

Tel-5922234603/4608/4611/4612

Ernail: reservations@sleepinhotelandcasino

All rooms are equipped with Air Condition. Hot and Cold Showers, Free WiFi, Microwave, Refrigerator, Telephone & Writing Desk.

Hotel No. 1. HQ: Sleepin Casino Hotel, Church Street, Georgetown. Manager, Ms. Zena

Paul. Please state "Karate World Cup" when reserving rooms.

Sleepin Casino telephone numbers: (592)-223-4612, 223-4611, 223-4608 reservations@sleepinhotelandcasino.com (only 30 rooms are available)

http://www.sleepininternationalhotel.com/index.html

ROOM TYPE		USD VAT INCLUSIVE	GYD VAT INCLUSIVE	DESCRIPTION
Standard Room	\$90+14% VAT	\$102.60 1 <i>31.10</i>	\$21,546 3	1 Queen Bed (1-2 persons)
King Room	\$95+14% VAT	\$108.3	\$26,334	1 King Bed (1-2 persons)
Double Room/Room with 2 Beds (Back & Casino Buildings)	\$110+14% VAT	\$125.40 (53.90	\$26,334	2 Queen Beds OR 1 King Bed & 1 Full Bed (2 persons)
Triple Beds Room (3 Queen Beds)	\$150+14% VAT	\$171	\$35,920	3 Queen Beds (3 persons)
Two Bedroom Apartment (1 Queen Bed in each)	\$200+14% VAT	\$228	\$47,880	2 Self-contained Rooms and Kitchen (4 persons)
Studio Apartment (Kitchenette)	\$100+14% VAT	\$114	\$23,940	1 Queen Bed (1-2 persons)
ANY(*) additional person 12yrs and older	\$20 + 14% VAT	\$22.8	\$4,788	

- Complimentary breakfast offered from 7:30 9:30am
- Free access to pool and gym

Check in starts at - 3:00 pm Check out - 12:00 Noon

NB: RATES ARE SUBJECT TO CHANGE



AIDEN by BEST WESTERN

Now under construction; two blocks from Sleepin Hotel



Artist's impression of the Aiden Hotel To feature 101 Smart Rooms, Now under construction







TOWER HOTEL

Main Street, Georgetown. Manager, Ms. Keisha Phillips/Shavani (Nelly's granddaughter) Cheryl Sawh 592-675-2551. towersuitesguyana@gmail.com. (only 46 rooms available).

RATES

Q	Room Type	1 Person	2 Persons	3 Persons	4 Persons
25	Standard	US\$92 (GY\$18,400)	USD \$105 (GY\$20,900)		
10	Double Standard	US\$110 (GY\$21,000)	US\$110 (GY\$22,000)	US\$123,000 (GY\$24,500)	US\$135 (GY\$27,000)
5	Deluxe Suite	US\$150 (GY\$30,000)	US\$150 (GY\$30,000)		
6	Penthouse Standard	US\$120 (GY\$24,000)	US\$120 (GY\$24,000)		
4	One Bedroom Penthouse	US\$175 (GY\$35,000)	US\$175 (GY\$35,000)		
3	Family Suite Penthouse	US\$225 (GY\$41,000)	US\$225 (GY\$45,000)	US\$225 (GY\$45,000)	US\$225 (GY\$45,000)
3	Executive Suite	US\$250 (GY\$50,000)	US\$250 (GY\$50,000)	US\$250 (GY\$50,000)	US\$250 (GY\$50,000)









STATUS INTERNATIONAL HOTEL

102-109 Croal Street & Sandeman Place, Georgetown Ms. Kathy Johnson, General Manager Mobile: 592-688-0210, Office: 692-227-7603, WhatsApp: +592-646-0158 http://statushotelgy.com/management@statushotelgy.com

RATES

14 Doubles 4 persons 6 Singles 1 or 2 persons Breakfast not included Please add 14% Tax.

US\$120.00 (G\$27,360) US\$100.00 (G\$22,800) + 14% tax (US\$100)

20 Rooms To hold on 15th June 2024









BRANDSVILLE SUITES

48 Croal Street, Stabroek, Georgetown, Demerara, Guyana.
Phone: (+592) 233-0301, 223-0302, 233-0306
Whatsapp: +592-646-0158
Email: info@brandsvillesuites.com
http://brandsvillesuites.com

RATES

Standard Room: One person \$GY 22,060.00

Two persons \$GY 24,510.00

Executive Suite: One person \$GY 25,740.00

Two persons \$GY 31,740.00

Deluxe Room: One person \$GY 31,176.00

Total of 25 Rooms – 22 Standard, One Deluxe and Two Suites.







REGENCY HOTEL

98 Hadfield Street, Werk En Rust, Georgetown, Guyana. Tel: (+592) 225-4785, 226-0621. Email: hotelregency3@yahoo.com https://www.regencyguyana.com

RATES

Single Rooms Superior S/D Rooms Deluxe S/D Rooms Executive Rooms Suites with kitchenette US\$86.00 tax included. US\$103.00 tax included. US\$114.00 tax included. US\$171.00 tax included US\$228.00 tax included (GYD\$17,955 tax included.) (GYD\$21,546 tax included.) (GYD\$23,940 tax included.) (GYD\$35,910 tax included.) (GYD\$47,880 tax included.)







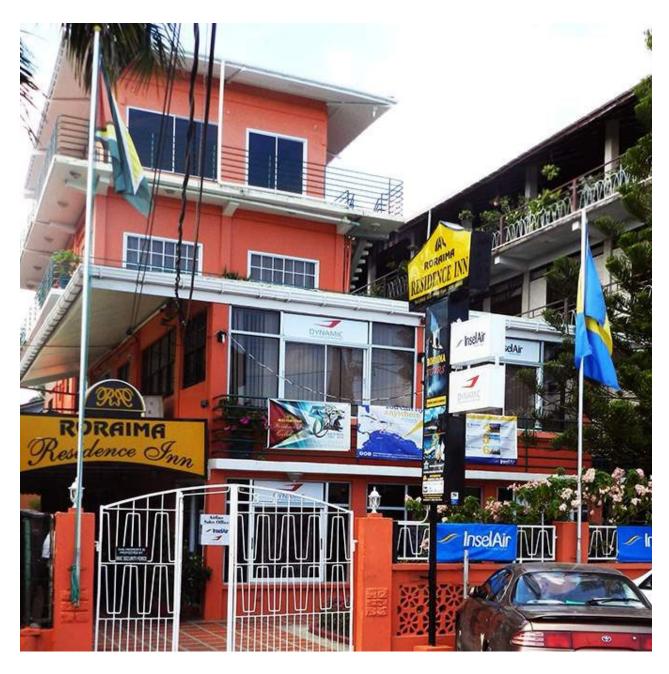
RORAIMA RESIDENCE INN

R 8 Eping Avenue Bel Air Park, Georgetown Guyana Tel: +592 225 9648

Email: Roraimagroupofcompanies@gmail.com https://roraimaairways.com/residence-inn/

RATES

Queen size bed with all amenities. USD80.00 plus 14% vat. All rooms have a queen bed with all amenities. Residence does not have a restaurant but there are fast food places close by such as KFC.



ATLAS HORIZON HOTEL

79 Robb Street, Bourda, Georgetown, Guyana.
Tel: (+592) 662-5018, 691-9646, 505-6058, 679-2409.
Email: atlast.investment.inc.2010@gmail.com
https://www.findyello.com/guyana/atlast-horizon-hotel/profile/

RATES

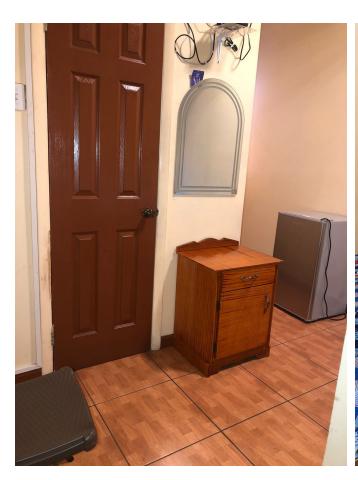
Our rooms consist of double and single beds.

Double Bedrooms can accommodate 3 persons at a price of USD \$125 per night.

Standard Rooms can accommodate 2 persons at a price of USD \$90 per night.

The available room for the above-mentioned period is 20 rooms. Double Rooms – 13.
Standard Rooms – 7

Our hotel is fully equipped with modern amenities, which includes: 24hrs Security service, Wi-Fi, Television, One small fridge, Microwave, etc.





XENON HOTEL

87 Albert Street Albertown (At the Corner of Lamaha Street), Georgetown Guyana. Tel: (+592) 225 0254

RATES

Approximately US\$100. er room

The xenon Hotel is a great option if you're looking for secure, comfortable and affordable accommodation in the heart of Georgetown.

The hotel boasts all the modern facilities one has come to expect including hot and cold water, air conditioned rooms, free Wi-Fi, cable television and adequate parking.





Luxury Hotels

RAMADA PRINCESS HOTEL

Track Bs Block 'Z' Plantation, Georgetown 1-877-925-4967 sshotel.reservationstays.com

RATES (2024)

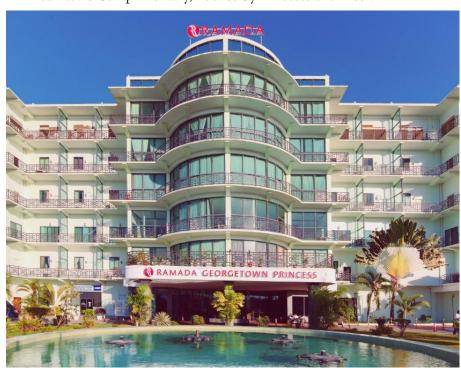
Room Types	Occupancy	Room Rates USD		
		VAT Exclusive	14% VAT Inclusive	
Standard Single (Vince Ded)	Single	\$140	\$159.60	
Standard Single (King Bed)	Double	\$165	\$188.10	
Standard Double (Two	Single	\$140	\$159.60	
Queen Beds)	Double	\$165	\$188.10	
Executive Suite (King Bed)	Single	\$160	\$182.40	
	Double	\$185	\$210.90	
Executive Double (Two	Single	\$160	\$182.40	
Queen Beds)	Double	\$185	\$210.90	
Corner Suite (King Bed)	Single/Double	\$240	\$273.60	
Presidential Suite (Two King Beds)	Single/Double	\$450	\$513	

Additional Guests:

Under 5 Years Free

6yrs – 13yrs - US\$20 + 14% VAT (US\$22.80 Tax Inclusive) 14 Years and Older – US\$25 +14% VAT (US\$28.50 Tax Inclusive)

Breakfast is Complimentary, Pool & Gym Access and Free WiFi









PEGASUS HOTEL

Seawall Road, Georgetown, Guyana Tel: +592 225 2856 reservations@pegasushotelguyana.com.

RATES (2024)

Contact hotel for rates













MARRIOT HOTEL

Block Alpha, Battery Road, Kingston, Georgetown. Tel: +592-231-2480

https://www.marriott.com/en-us/hotels/geomc-guyana-marriott-hotel-georgetown/overview/

RATES (2024)

Contact hotel for rates













Event Categories

EVENTS

Unlim	Unlimited Applicable Individual Events (One Cannot Participate in Two Age Events)							
Rank Group	Gender	Age Group	Individual Kata	Individual Kumite	Team Kata	Team Bunkai	Team Enbu	Team Kumite
Green to Purple	Female	5, 6, 7	Yes	Yes	Yes	Yes	No	No
•	Male	8, 9, 10	Yes	Yes	Yes	Yes	No	No
		11, 12, 13	Yes	Yes	Yes	Yes	No	No
		14, 15, 16	Yes	Yes	Yes	Yes	No	No
		17, 18, 19	Yes	Yes	Yes	Yes	No	No
		20 to 39	Yes	Yes	Yes	Yes	No	No
		40 to 49	Yes	Yes	Yes	Yes	No	No
		50 plus	Yes	Yes	Yes	Yes	No	No
Brown Belts	Female	5, 6, 7	Yes	Yes	Yes	Yes	No	No
	Male	8, 9, 10	Yes	Yes	Yes	Yes	No	No
		11, 12, 13	Yes	Yes	Yes	Yes	No	No
		14, 15, 16	Yes	Yes	Yes	Yes	No	No
		17, 18, 19	Yes	Yes	Yes	Yes	No	No
		20 to 39	Yes	Yes	Yes	Yes	No	No
		40 to 49	Yes	Yes	Yes	Yes	No	No
		50 plus	Yes	Yes	Yes	Yes	No	No
Black Belts	Female	5, 6, 7	Yes	Yes	Yes	Yes	No	No
	Male	8, 9, 10	Yes	Yes	Yes	Yes	No	No
		11, 12, 13	Yes	Yes	Yes	Yes	No	No
		14, 15, 16	Yes	Yes	Yes	Yes	Yes	Yes
		17, 18, 19	Yes	Yes	Yes	Yes	Yes	Yes
		20 to 39	Yes	Yes	Yes	Yes	Yes	Yes
		40 to 49	Yes	Yes	Yes	Yes	Yes	Yes
		50 plus	Yes	Yes	Yes	Yes	Yes	Yes

Open WKF Style Modified Kumite Adult Goodwill Matches



Event Schedule

SCHEDULE OF EVENTS

Date of Events: July 16 - 21, 2024.

World Cup Venue: Cliff Anderson Sports Hall, Homestretch Ave. Georgetown.

Arrival and Departure: Recommended Arrival, Monday July 15.

Georgetown City Tour Tue. 16, 12:00pm to 03:00pm:

1. Frank Woon-A-Tai Budokan – Home of Guyana Karate Collegeand IKD Technical HQ. Pick up registration Package.

- 2. Guyana Olympic Association HQ.
- 3. Demerara Estates.
- 4. Giftland Mall (Mall fast food lunch at your own expense).
- 5. Movie town Mall.
- 6. Caricom HQ
- 7. Seawall Bandstand.
- 8. Lighthouse.
- 9. State House.
- 10. St. Georges Anglican Church.
- 11. City Hall.
- 12. Victoria Law Courts.
- 13. Parliament Building.
- 14. Stabroek Market.
- 15. Cliff Anderson Sports Hall
- 16. Botanical Gardens.
- 17. Back to hotels.

Budokan Grand Opening Wed. 17, 11:00am to 02:00pm.

Special Invited Guests:

- VIP Guests
- David Clarke, CVO, IKD President.
- Reverend Father Compton Meerabux, GKC President.
- Donors
- Teams



Wed, July 17.

04:00pm to 08:00pm.

Shihan/Sensei Tech Meeting

Sleepin Banquet Hall (breakfast dining room).

- Launch of the First IKD Accredited Technical Examiners (ATE).
- Must be in attendance for accreditation (Unique Examiner Privileges)
- New Guideline Rules, Exam Fees, and allocation, Loyalty Pledge.
- Opt Out Option.
- 2024 Black Passport.
- Confirmation of the First IKD Accredited Technical Examiner (ATE) members.
- Officials and Teams IKD Passport sign in, pick up Team Packages and pay any outstanding fees. Sleepin Poolside.

Shihan Bernice Hughes, 8th Dan International Teams. Golda Kurtzious, 5th Dan (hc). Guyanese Teams.

• (15 min break).

Shuseki Shihan Dr F. Woon-A-Tai, 10th Dan.

- Technical Exams: Dan, Instructor, Examiner, Judge.
- Judges Meeting.

Dr Dexter Shim and ...

WKF Style Modified Rules

Kyu Elimination and Finals Thu. 18, 09:00am to 06:00pm.

- Children and adults Kyu Individual Events and
- Team kata and bunkai to Finals. (6 to 1 Kyu)

Black Belt Eliminations Fri. 19, 09:00am to 04:00pm.

• Children 5-13 and Youth 14 and Above, and Adult Black Belts Eliminations.

Formal Grand Gala 06:00pm to 10:00pm.

Grand Benefit Gala to honour and celebrate Shuseki Shihan's 60th Karate Diamond Anniversary. (New Thriving Restaurant, Providence, EBD).

Team Elimination Sat. Jul. 20,

9:00am to 07:00pm.

All Black Belts Team Events Eliminations.

Sun. Jul 21.

08:00am to 12:00pm

IKD Finals

Medal Awards and Cup: Medals will be presented on Sunday July 21. The Winner of the 2024 IKD

World Cup Guyana will be determined by the region/country with the most

quality medals won as per the First World Cup in 2012.

WKF Events

01:00pm to 07:00pm. WKF S

WKF Style Kumite Events

REGISTRATION AND PAYMENT

Deadline: Tuesday, July 2, 2024. Two (2) weeks before the event; no entries will be accepted

after July 2, 2024.

Canadian Payments: Please e-transfer to fwikd@outlook.com use password: ikd24wc

Foreign payments: Please wire transfer participation fees to GKC Overseas account at RBC Royal

Bank of Canada, c/o Frank Woon-A-Tai, Chairman and Chief Instructor Guyana

Karate College. Information as follows:

Name of account: Maureen R/Frank Woon-A-Tai

2225 Gerrard Street East

Toronto, Ontario, Canada. M4E 2C8

Account no: 05992-5031943

Bank name and address: Royal Bank of Canada

Kingston and Lawlor Branch

936 Kingston Road

Toronto, Ontario M4E 1S7

Tel: 416 698 7109

Bank swift code: ROYCCAT 2

Guyana Local Payments: For local payments only (Guyanese residents), please pay:

• Mrs. Golda Kurtzious,

• GKC Assistant Treasurer at GKC dojo.

• The Guyana participation fee does not include bus transportation.



Registration Forms

FLIGHT ARRIVALS:

Flight Arrivals: Airport Cheddie Jagan ___ or Ogle ___

Country:	Email:
•	Please print in capital (block) letters clearly

	Name	Arrival Date	Arrival Time	Airline and Flight No.
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				

FLIGHT DEPARTURES: Airport Cheddie Jagan __ or Ogle __

Country: _	Email:
, —	Please print in capital (block) letters clearly

	Name	Arrival Date	Arrival Time	Airline and Flight No.
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				

Form "A" Unlimited Applicable Individual Registration

One Registration Form per Contestant

First Name:	Last Name:
Dojo:	Region/Country:
Email:	
Date of Birth://	Age on July 15, 2024:
Gender (M / F):	Rank: Kyu/Dan

Unlimited Applicable Individual Events (One Cannot Participate in Two Age Events) Please circle applicable events you are participating in. "No" means not applicable.								
Rank Group	Gender	Age Group	Individual Kata	Individual Kumite	Team Kata	Team Bunkai	Team Enbu	Team Kumite
Green to Purple	Female	5, 6, 7	Yes	Yes	Yes	Yes	No	No
1	Male	8, 9, 10	Yes	Yes	Yes	Yes	No	No
		11, 12, 13	Yes	Yes	Yes	Yes	No	No
		14, 15, 16	Yes	Yes	Yes	Yes	No	No
		17, 18, 19	Yes	Yes	Yes	Yes	No	No
		20 to 39	Yes	Yes	Yes	Yes	No	No
		40 to 49	Yes	Yes	Yes	Yes	No	No
		50 plus	Yes	Yes	Yes	Yes	No	No
Brown Belts	Female	5, 6, 7	Yes	Yes	Yes	Yes	No	No
	Male	8, 9, 10	Yes	Yes	Yes	Yes	No	No
		11, 12, 13	Yes	Yes	Yes	Yes	No	No
		14, 15, 16	Yes	Yes	Yes	Yes	No	No
		17, 18, 19	Yes	Yes	Yes	Yes	No	No
		20 to 39	Yes	Yes	Yes	Yes	No	No
		40 to 49	Yes	Yes	Yes	Yes	No	No
		50 plus	Yes	Yes	Yes	Yes	No	No
Black Belts	Female	5, 6, 7	Yes	Yes	Yes	Yes	No	No
	Male	8, 9, 10	Yes	Yes	Yes	Yes	No	No
		11, 12, 13	Yes	Yes	Yes	Yes	No	No
		14, 15, 16	Yes	Yes	Yes	Yes	Yes	Yes
		17, 18, 19	Yes	Yes	Yes	Yes	Yes	Yes
		20 to 39	Yes	Yes	Yes	Yes	Yes	Yes
		40 to 49	Yes	Yes	Yes	Yes	Yes	Yes
		50 plus	Yes	Yes	Yes	Yes	Yes	Yes

Form "B" Team Registration

Maximum Two Teams per Region/Country

Please type or print the following information in block letters:

Region or Country:		Gender (M / F):		<u> </u>
Rank Group:				_
				_
Complete One Fo	orm for Each Event	Team Event: Example: (Kata, B	unkai, Enbu, or K	umite ifApplicable.
"A" Team Names	Name		Rank	Age
	1			
	2			
	3			
	Alternate:			
"B" Team Names	Name		Rank	Age
	1			
	2			
	3			
	Alternate:			

Waiver/Release Agreement for Contestants/Participants

All participants must complete. "Event" means the 2024 IKD Fourth World Cup and related events.

The undersigned is aware that there are risks and dangers inherent in participating and receiving instruction at the **Event**. In consideration of being permitted to participate in the Event, I hereby release and waive any claims against International Karate Daigaku (IKD), Guyana Karate College, and any and all clubs, schools, instructors, members, judges, officials, officers, directors and representatives relating thereto (collectively the "**Releases**") for any injury or damage which I may suffer while participating and/or receiving instruction at the Event including travel to and from the Event.

I understand and agree that this **Release** will have the effect of releasing, discharging, waiving and forever relinquishing any and all actions, those causes of action that I may have or have had, whether past, present or future, whether now known or unknown and whether anticipated or unanticipated by me, arising out of my participation at the **Event**. This **Release** shall be binding upon me, my heirs, successors, administrators, assigns and legal representatives.

I assume full responsibility for any and all risk of personal or fatal injury or property damage, which I may suffer while participating in the Event. I expressly acknowledge and assume any and all risk that my participation in the Event may subject me to personal or fatal injury or bodily harm.

I confirm that I have no past or present medical condition, injury or other physical or mental restriction which may cause or contribute to personal injury or property damage while participating in the **Event** and if in case I have such a condition, I agree to forthwith nullify the **Releases**, as the case may be, and withdraw from the **Event**.

I further agree by signing this **Release**, I shall indemnify and hold any of the **Releases** harmless from any and all liability or costs, including legal fees, associated with or arising from my participation at the **Event**.

I understand that if I am signing this **Release** on behalf of a minor child, I will be giving up the same rights for said minor as I would be giving up if I signed this document on my own behalf.

I acknowledge that I have read this **Release** and that I understand the words and language in it. I sign this **Release** freely and voluntarily.

NAME (PRINT)		
DATE OF BIRTH (DAY - MONTH - YEAR)		
DATE		
Parent/Guardian Release: I am the parent or legal guardian of the signing this waiver/release on behalf of the	e minor ne said minor.	and I am
NAME OF PARENT OR GUARDIAN (PRINT)	SIGNATURE	
DATE		

Please Note:

Each contestant must obtain their own health insurance prior to travel and are responsible for their own hospital and healthcare while attending the Event. Only first aid will be administered at the Event.

Judges Registration

Organization:	Instructor:	

	Name	Dan Rank	IKD Judge's Level
1	Shuseki Shihan Dr Frank Woon-A-Tai	10 th Dan	A
2	Fuku Shuseki Shihan Dr Dexter Shim, Trinidad	9 th Dan	A
3	Fuku Shuseki Shihan Maureen Woon-A-Tai	9 th Dan	A
4	Shihan-kai Senator Alice Bernstein	8 th Dan	A
3	Shihan-kai Senator Paul Bernstein, Barbados	8 th Dan	A
4	Shihan-kai Senator David Pyke, New Brunswick, Canada	8 th Dan	A
5	Shihan David Richards, Jamaica	8 th Dan	A
6	Shihan Bernice Hughes, Toronto, Canada	8 th Dan	A
8	Shihan Janice Pyke, Prince Edward Island, Canada	7 th Dan	A
9	Shihan Amir Khouri, ASK Guyana	7 th Dan	A
11	Shihan Dr Guy Low, GKC Guyana	7 th Dan	A
12			

IKD Karate Protocol and Conduct

Judge's uniform: Jinbaori with silver or black whistle on black lanyard. Organization director

may order Haori well in advance from IKD HQ. Please state gi size and

length of gi jacket.

Judge's conduct: It is mandatory for all judges to attend the judges' seminar/accreditation.

All judges must be fair and impartial as per IKD aims and objectives.

If two or more official complaints are lodged by different coaches against the impartiality or conduct of a judge or judges, the IKD Shihan-kai, after an investigation, may remove them from judging for the rest of the compe-

tition.

Thus, their students or teams will not be adequately represented.

Competitor conduct: All competitors, parents, friends and supporters are requested to compose

themselves with dignity and respect for the decisions of the judges, as well

as their fellow competitors.

This is an International event and visiting teams are guests of the people and government of Guyana, as well as the Guyana Karate College. The same

conduct applies to all visiting teams.

Unruly behavior will be Shikaku (disqualification from Cup and may face

expulsion from International Karate Daigaku.

Competitor gear: One pair of red, and one pair of blue sparring gloves. One red, and one blue

belt. Organization director may order gloves well in advance from GKC

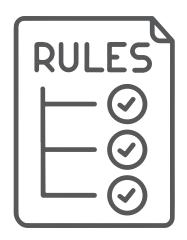
Budokan.

Competitor seeding: As per results of the Third IKD World Cup 2018 in Barbados.

Scoring criteria: IKD one-point matches, or a finishing blow delivered with speed, power,

spirit and ki, without contact.

IKD Rules: Please refer to the following Excerpts:



KD World Cup Rules



国際空手大学法人 International Karate Daigaku

Kata, Kumite, Bunkai, Enbu

Dr Frank Woon-A-Tai, 10th Dan David Pyke, 8th Dan Janice Pyke, 8th Dan

Shiai Rules and Regulations for the 2024 World Cup

"Rulebook Excerpts"

Traditional Budo Karate

The Karate Shiai (match or tournament) is an important component of training, which leads to the accomplishment of the four objectives of Budo Karate:

- 1. Philosophy of Character Development attainable through the discipline of karate training.
- 2. The aspect of Physical Education and Fitness.
- 3. The Art of Self Defence, and
- 4. As a way of testing one's technique in tournaments.

In karate, the mind controls our thoughts, emotions, and physical movement. In this regard, emotional stability equals self-control, and when used in combination with the tremendous physical power that emanates from the seika-tanden, the mind and body produce the highest degree of kime in karate. There are three methods of testing one's technique in traditional karate: In actual real life self-defensive situations, in karate rank examinations, and in tournaments; the object is to maintain stable emotions.

In all three cases, the aim is to accomplish the objective with the highest degree of proficiency. This calls for mental clarity that is free from nervousness, fear, and anxiety. Moreover, the "kara" in karate, not only means empty hand, but it also means one must strive to empty one's mind of all emotions to clearly see impending attacks or to confront issues or challenges without distracting emotional input.



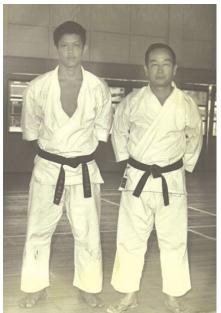
Budo Karate Training, Ryerson University, Second IKD World Cup 2015

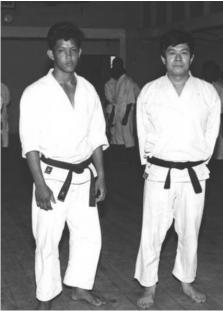


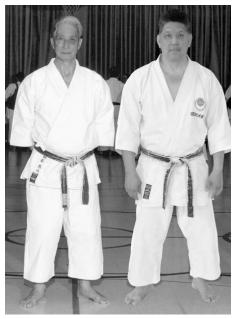
Budo Karate Tournament, Ryerson University, Second IKD World Cup 2015

The International Karate Daigaku (IKD) Shiai is based on the work of Master Masatoshi Nakayama, 10th Dan, and Master Teruyuki Okazaki, 10th Dan who were responsible for the spread of karate to the world, and the western hemisphere respectively. It was Master Nakayama who pioneered the karate tournament in 1957, when the JKA held its first national tournament in Tokyo, Japan. It was, and still is based on the traditional concept of the samurai's doctrine of one blow - one cut - one kill.

Furthermore, IKD Shiai it is influenced by the work of Master Hidetaka Nishiyama, 10th Dan who pioneered the traditional judges' attire, *kata bunkai* and *enbu*. Enbu, since the inception of the karate tournament, was demonstrated by karate masters during events.







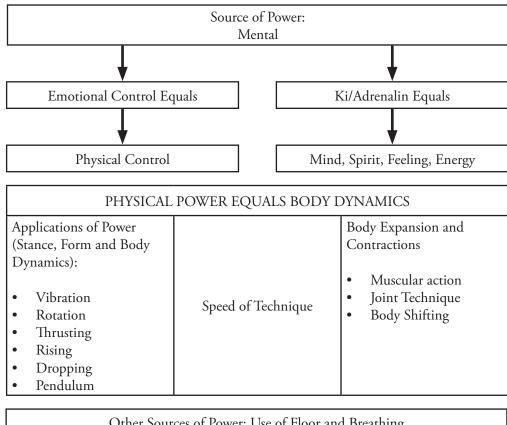
Nakayama Okazaki Nishiyama

Thus, the IKD tournament follows the tradition of Karate as a Budo Martial Art of self-defence and not exclusively as a sport. In this regard, it was, and still is, essential to judge karate participants based on the single decisive blow "*ikken hisatsu*" (kill with one blow). Today, Master Nishiyama updated this concept to "*todome waza*" (a finishing blow technique). However, it should be noted that IKD, as an International Karate University (Daigaku), also supports the World Karate Federation (WKF) concept of "sports karate" based on points. WKF is an all style world federation that promotes karate as an Olympic sport. This Olympic dream of many is scheduled to be held in Japan in 2020. Deputy Chief Master, Dr. Dexter Shim, 8th Dan, heads the IKD WKF department.

In summary, IKD follows these principles in tournaments with its motto "Tradition in the 21st Century".

Kime Criteria for Competitors and Judges

Kata, kumite, bunkai, and enbu are judged by the degree of kime in the form of todome waza. Essential elements found in Niju Kun No 19: Correct application of power, speed of technique, and body expansion and contraction, are the basis for achieving kime. However, this must be executed further with ki, which means mind, spirit, feeling and energy. The basis of evaluating kime are as follows:



Other Sources of Power: Use of Floor and Breathing

Mental and Physical Powers Equals Kime or Todome Waza



Performance and Judging Standards

A Level Kime - very strong

Elimination matches 8.7 to 8.9 Final matches 9.7 to 9.9

Possibly, fourth dan and higher competitors in top condition

B Level Kime - strong

Elimination matches 8.4 to 8.6
Final matches 9.4 to 9.6
Possibly, third dan and higher competitors in top condition

C Level Kime - moderate

Elimination matches 8.2 to 8.3 Final matches 9.2 to 9.3

Possibly, second dan and higher competitors in moderate or top condition

D Level Kime - weak

Elimination matches 8.0 to 8.1 Final matches 9.0 to 9.1

Possibly, first dan and higher competitors in poor or moderate condition

Unless competitors are known to the judges; they have no way of knowing the rank of competitors. Thus, all judges are required to attend refresher seminars prior to the Guyana Caribbean Cup, as well as annual seminars conducted by Shuseki Shihan or members of the Shihan-kai Senate.

Moreover, through training, qualification, and experience, judges can evaluate the degree of kime.

Standards for Rank Categories

The basis of evaluating kime in **flag** and **point** systems are as follows:

Black belt competitor - eliminations:

D level kime (weak) -	8.0 to 8.1.
C level kime (moderate)	8.2 to 8.3.
B level kime (strong)	8.4 to 8.6.
A level kime (very strong)	8.7 to 8.9.

Black belt competitor - finals:

Add one full point to weak, moderate, strong and very strong – 9.0 to 9.9, etc.

Brown belt competitor - eliminations:

D level kime (weak) -	7.0 to 7.1.
C level kime (moderate)	7.2 to 7.3.
B level kime (strong)	7.4 to 7.6.
A level kime (very strong)	7.7 to 7.9.

Brown belt competitors - finals:

Add one full point to weak, moderate, strong and very strong – 8.0 to 8.9, etc.

Note: If black and brown belts are combined in one category, elimination matches shall be seven (7) points, and final matches shall be eighth (8) points.

Intermediate competitor - eliminations:

D level kime (weak) - 6.0 to 6.1.

C level kime (moderate) 6.2 to 6.3.

B level kime (strong) 6.4 to 6.6.

A level kime (very strong) 6.7 to 6.9.

Intermediate competitor - finals:

Add one full point to weak, moderate, strong and very strong – 7.0 to 7.9, etc.

Kata Rules for Intermediate Belts – 6 to 4 Kyu

Kata elimination: Heian shodan to yondan, flag system. Final four: Tokui kata point system

Kumite Rules for Intermediate Belts - 6 to 4 Kyu

Kumite elimination: Ippon kumite: jodan, chudan, mae-geri.

Defender, block and counter each attack. No penalty for same counter attacks.

In case of a tie, start with left technique attack.

View Ippon Kumite procedure: https://www.facebook.com/548329513/post/10156617836309514/

Kumite finals: Jiyu kumite (semi free sparring): Jodan, chudan, mae-geri. No penalty for same counter attacks. In case of a tie, start with left technique attack.

Kata Rules for Advanced Belts – 3 to 1 Kyu

Kata elimination: Heian shodan to Tekki shodan, flag system. Final four: Tokui kata point system

Kumite Rules for Advanced Belts – 3 to 1 Kyu

Kumite elimination: Jiyu ippon kumite: jodan, chudan, mae-geri.

Defender, block and counter each attack. No penalty for same counter attacks. In case of a tie, start with left technique attack.

Kumite finals: Jiyu kumite (free sparring).

Penalties and Deductions in kata, bunkai, and enbu

Competitor:

- 1. executes a bad technique. * No deduction, except for kime deduction.
- 2. makes a mistake and continues smoothly (0.1) per mistake. **
- 3. makes a mistake, hesitates and then continues smoothly (0.2) per mistake.
- 4. makes a mistake, hesitates for more than three seconds, and then continues. (0.5) per mistake.
- 5. omits a technique and continues smoothly (0.5).
- 6. makes a mistake and discontinues (disqualification).
- 7. forgets one ki-ai. (0.1).
- 8. forgets two ki-ais. (0.2).
- 9. adds one ki-ai (0.1), per extra ki-ai.
- 10. makes loud continuous breathing sounds (0.3).
- 11. makes slapping techniques (0.3).
- 12. loss of balance (0.1), each instance.
- 13. slips, falls, recovers, and continues smoothly (0.5).
- 14. makes a wrong turn, finishes in the opposite direction (1.0)
- 15. finishes one full stance from *enbusen* in any direction, no deduction.
- 16. finishes more than one full stance from enbusen in any direction (0.2)
- 17. out of kata formation (0.1 to 0.3)
- 18. loss of synchronization (0.1 to 0.3)
- 19. In team kata, bunkai and enbu, if all three competitors demonstrate A level kime, team shall be judged
- 20. accordingly, or B kime, or C kime, etc.
- 21. If one is A and two are B, team shall be judged to B kime standard majority.
- 22. It one is A, one is B and one is C, they shall be judged to B kime standard average of three is B kime.
- 23. If one is B and two are C, team shall be judged C kime standard. In other words, majority kime standard, or in the case of A, B, C, average kime standard.
- 24. Other penalties as determined by IKD Shihan-kai.

Note, the difference between a bad technique *, mistake **, or omitting a technique:

- 1. A bad technique does not qualify for a judges' conference to deduct points.
- 2. A mistake requires a judges' conference to deduct points as above.
- 3. Using the most common technique, the straight punch as an example, the differences between the three as stated above are as follows:
- 4. A bad technique is when the thumb is not wrapped properly around the index and **middle** fingers of the closed fist.
- 5. A mistake is when the flat fist (*hiraken*) is used instead of the fore fist (*seiken*).
- 6. An omitted technique(s) is when one punch is used instead of two or three punches (as in *Jion* movement 3-6).

At the time of this 2019 Caribbean Cup, IKD has not finalized all its **Kata Standardization**. Therefore, **penalties shall not be deducted for differences in kata execution**. For example, kiai points in kata over the standard **15 kata**. Moreover, especially in the **finals**, judges shall refrain from calling penalties for minor infractions such as pivoting on the ball of the foot or the heel.

Such judges shall make their own deductions.

Kumite Scoring Distance

As a safety measure and to avoid serious injury, the scoring distance shall be from the skin or gi, to the width or diameter of the IKD Crest, which is three inches. Further, a leeway of five inches in total from skin or gi, represented by the width of the IKD Kanji, shall be added as extra security.

In past tournaments, techniques were not called, because of perceived discrepancies in distances. This led competitors attacking closer and closer to the target, resulting in serious injuries. These measurements shall be used as a visual. The distance is with gloves or bare feet. Over that distance, techniques may or may not be scored.



Match Time

All kumite matches shall be for a period of two minutes. Timer shall start or restart when Shushin announces:

- Shobu Ippon... Hajime!
- Tsuzukete... Hajime!
- Sai Shiai... Hajime!
- Sakidori Ippon... Hajime!

Timer shall pause whenever Shushin or Kansa announces "Yame"! including "Medic"!

Thus, Jikan is obsolete and no longer in use for IKD Budo Shiai.

Criteria for Ippon

When an effective and powerful tsuki (punch), uchi (strike), or keri (kick) is delivered to a recognized area with todome waza, ippon (1.0 point) shall be awarded.

When a contestant scores waza-ari (0.5 points) during a match, the two waza-ari (0.5+0.5 points) in combination, shall be considered as an ippon (1.0 point). The conditions referred to includes power, speed, sharpness, ki and correct distancing and accuracy.

Note, an effective technique delivered outside the match area shall be considered valid when the attacker has both feet in the ring, and the defender has only one foot outside (jogai penalty).

Techniques delivered under the following conditions <u>shall be</u> considered ippon even if they are somewhat insufficient in power:

- An attack delivered the instant the opponent begins to move toward the attacker.
- An attack delivered within two seconds when the opponent was thrown off balance by the attacker.
- A combination of successive and effective tsuki or keri attacks.
- A combined use of nage (throwing) and tsuki techniques.
- When the opponent loses fighting spirit and turns their back to the attacker (*mubobi*).
- An attack delivered to a defenceless opponent physical kyo.
- When the opponent is caught completely off guard mental kyo.

Techniques delivered under the following conditions shall not be considered ippon even if they were accompanied by sufficient power:

- When a contestant fails to deliver a technique the moment the opponent is seized.
- When a contestant fails to deliver an effective technique within two seconds after the opponent is thrown.

Criteria in the absence of an ippon

In the absence of ippon or defeat due to a foul or disqualification during the prescribed time of a match, a decision shall be made based on the following:

- If a waza-ari has been scored, plus 0.5 points.
- If there has been a hansoku chui due to a foul, minus 0.5 points.
- If there has been a jogai chui due to stepping out of bounds, minus 0.5 points.
- The degree of vigor and fighting spirit, plus 0.2 points.
- Ability and skill, plus 0.2 points.
- Comparative excellence in fighting attitude, plus 0.2 points.
- The number of attacking moves, plus 0.2 points.
- Comparative excellence in the strategy used, plus 0.2 points.

Kumite Competitor Penalties and Disqualifications

There are seven types of disqualification:

- Shikaku disqualification for behaviour unbecoming a member of IKD Traditional Karate; may lead to expulsion from IKD.
- Shikaku disqualification for faking an injury.
- Fusensho default for no show.
- Kiken ni yori unable to continue. Doctor's directive.
- Mubobi inability to defend oneself. Lack of regard for one's own safety.
- Jogai hansoku disqualification for stepping out of the match area three times.
- Hansoku disqualification for violation of the rules of contact.

The following acts and techniques are prohibited and may result in a warning (hansoku chui) or disqualification (hansoku):

- Attacks to the face or eyes with nukite.
- Attacks to the throat and neck area.
- Attacks to the groin.
- Attacks to the hand and arms, joints, knees, upper and lower legs or feet.
- Blind techniques having no regard if it is a scoring area or not.
- Attacks with head butts.
- Ramming your opponent
- Dangerous forbidden throws higher than the hips.
- Sacrifice throws (grabbing opponent while falling backward to the ground and throwing opponent over your body with one leg on opponent's stomach.
- Grabbing and dumping opponent to the ground.
- Seizing, clinching, pushing or wrestling without attempting a throw or other scoring technique.
- Excessive moving out of the match area. The penalties are:
- First jogai jogai keikoku (caution)
- Second jogai jogai chui (warning)
- Third jogai jogai hansoku (disqualification).
- Moves wasting time may be treated in the same manner as jogai above. For example: stopping to adjust one's gi, excessive avoidance of the opponent, etc.
- Any inappropriate behavior such as abuse, provocation, or needless utterances.
- Faking or exaggerating an injury. Dishonesty is considered a serious offence.
- Overreacting to light contact, to get Shushin to penalize their opponent, by faking an injury when there is none, holding the face, staggering, or falling and rolling on the ground may result in shikaku (disqualification).

Competitors who receive a Shikaku for faking injury in the presence of seven officials – four Fukushin, Shushin, court Kansa, and court Shuseki Shihan of Fuku Shuseki Shihan, will be taken from the match area and be subjected to immediate examination by the tournament doctor. A report will be submitted before the end of the tournament to the IKD Shihan-kai for review. Competitors who fake injury will be subject to serious penalties.

Exaggerating an injury that exists is less serious – A chui (warning) may be applied.

Self-endangerment behaviour may expose the contestant to injury by their opponent. Failing to take adequate measures for self-protection may result in Mubobi (not defending or inability to defend one's self).

Further, turning one's back to the opponent after delivering a technique in a display of dominance intended to draw attention to their technique.

If the contestant receives excessive contact or is injured during such acts Shushin and Fukushin may choose to decline to penalize the opponent.

Techniques that cannot be controlled are dangerous to one's opponent. A warning will be given for uncontrolled attacks. Further uncontrolled attacks will result in disqualification. When a contestant is about to, or has already committed a prohibited act, Shushin shall give a warning or announce a disqualification. When the contestant, after being warned, repeats similar acts or acts infringing upon the rules, Shushin may announce the contestant's defeat, because of the disqualification .

When a contestant or member of a delegation commits an act falling under any of the following cases, Shushin shall announce the defeat of the offending contestant by Shikaku (disqualification), a warning need not be given before. If the members of the panel of Fukushin agree, the contestant or delegation may be referred to the Shihan-kai for review. Penalties may include being barred from the rest of the competition, one-year suspension, or further serious penalties of the contestant, member, or members of the delegation.

When a contestant fails to obey the orders of Shushin.

When a contestant becomes overexcited and is considered by Shushin as a danger to the other contestant.

When the act or acts of a contestant are considered as malicious and deliberately violate the rules.

When a coach or fellow team-mate behave in a manner as to harm the prestige and honour of karate-do.

Other acts which are determined to be a violation of the rules and spirit of the tournament.

Categories of Contact and Injury

Conditions:

Target Stationary

Target Moving Forward

Target Moving Back

No Penalty

A point may or may not be awarded for non-injurious, light or skin contact to the face, which does not move the head, or any target area backward. If the target is moving forward a point may or may not be awarded.



Informal caution; no penalty.

Hansoku keikoku: (light contact rules violation caution)



If the target is stationary or moving back, **no point shall be awarded**, and attacker receives hansoku keikoku (light contact rules violation caution).

Hansoku chui: (semi-heavy contact rules violation warning)



A point shall not be awarded for semi-heavy contact to any target area. Contestant shall receive a semi-heavy contact warning of minus 0.5 points. *

Hansoku: (heavy contact rules violation disqualification)



A point shall not be awarded for heavy contact to any target area. Competitor is disqualified.

* A penalty of 0.5 shall be applied for **Tournaments after the 2018 IKD World Cup in Barbados.**

Example: Aoi and Aka both have waza-ari(s). However, Aoi also has a penalty of Hansoku chui. Thus, Aka wins.

Or, Aoi has waza-ari and hansoku chui, and Aka, no point. Hikiwake decision.

Jogai chui and hansoku chui cannot be combined.

If a competitor accumulates two team kumite hansoku, they cannot compete further in any other team kumite event. For example, if a team member receives a hansoku, and the team goes on to win, the whole team can compete again. However, if the same member receives another hansoku, and the team wins again, that individual cannot participate in any further team kumite matches.

In Case of Injury due to Contact

Shushin shall shout "Medic!" to summon the doctor or first aid/medical personnel to treat injuries.

Fukushin, Shushin, and Kansa



IKD Shihan-kai. Toronto, 2015

Kansa:

Court Arbitrator shall be an eighth dan member of the IKD Shihan-kai Senate. They shall **hold jurisdiction over the function and operation of their court** and are answerable to the Chief Judge (Shuseki Shihan) or Deputy Chief Judges (Fuku Shuseki Shihan). <u>Kansa shall have a copy of these Rules in the ring for reference.</u>

All judge meeting or conferences shall be held in the presence of Kansa, who may give an opinion, but has no vote.

Kansa shall devote their full attention to the operation of their court, and not to the court recorders. The court recorders shall report directly to the Tournament Director, Shihan Janice Pyke or her deputy. If Kansa observes an infraction of the rules by Shushin, and/or any Fukushin, Kansa shall immediately stop the match by blowing their whistle to summon the judges to a meeting.

Shushin:

If three judges signal a point for Aka, and one judge and Shushin for Aoi, Shushin may:

- 1. declare the point in favour of Aka, or
- 2. signal Shushin's two votes by showing both arms in the direction of Aoi. Thus, three votes for Aka, and three votes for Aoi shall result in the cancellation of the point. This signal shall be visible to all in attendance to avoid controversy.



- 3. If Shushin calls a conference to sway the three Aka votes, Shushin's vote shall be reduced to one vote.
- 4. Procedure to re-vote after conference. Shushin shall signal by two short, followed by one long blow by whistle.
- 5. Shushin shall abide by judge's decision, which may or may not change.
- 6. In the case of two flags for Aka, one did not see, and one flag for Aoi, Shushin, with two votes, plus Aoi shall declare a point for Aoi.



Plus US\$1,000.00 COVID Relief



The Ultimate Aim of the Art of Karate lies not in Victory or Defeat, but in the perfection of the Character of its Participants."

Remembering our Masters









Woon-A-Tai, Okazaki, Nakayama, Tabata

Nishiyama

Yaguchi

Takashina









Enoeda

Tanaka

Sugiura

Ochi











Imura

Kanazawa

Mikan

Koyama

Osaka











Mori

Oishi

Schmidt

Ueki